

May 17 & 18, 2022 Denver, Colorado

CONSTRUCTION WORKING MINDS SUMMIT

A holistic approach to Job-site Safety

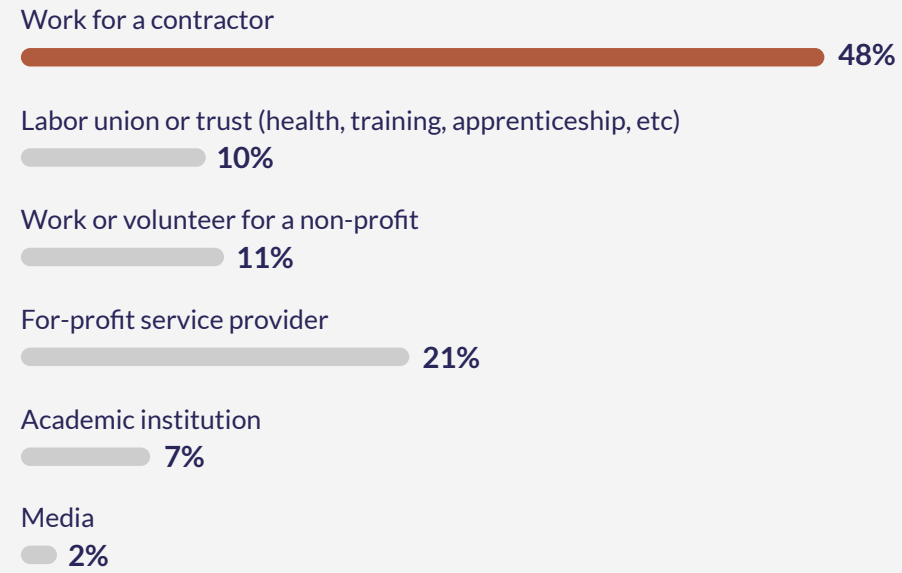
Industry-specific mental health promotion
& suicide prevention



www.constructionworkingminds.org/summit

Which best describes your current employment?

124



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Community Building Sponsors!
\$1000



Thank You
Visionary Leadership Sponsors!
\$2500



LESSONS LEARNED FROM CONSTRUCTION WORKING MINDS SUMMIT

Where is your organization currently on its mental health and well-being journey?

Many of the organizations that attended were the early adopters of the mental health movement. As such, it was not unexpected that they self-reported having made significant headway in “baking it into” their health and safety programs and HR practices and benefits.



What was also not surprising is that most of the programs offered are in the less stigmatized areas of stress reduction. Fewer were in more taboo specialties like substance use disorders, addiction, overdose, and suicide.



AWARDS AND MEDIA COVERAGE

Award Winners



Mental Health Visionary:
Company Award Hensel Phelps

Jerry Shupe, Corporate Safety Director, Hensel Phelps
Photo credit: Colorado Public Works Journal

Video of Mike Choutka, CEO of Hensel Phelps
<https://youtu.be/PnrcMdHgWuk>



Mental Health Visionary: Union Award
Sheet Metal Workers' International Association (SMART) &
Sheet Metal Occupational Health Institute Trust (SMOHIT)

Chris Carlough, SMART
Photo Credit: Colorado Public Works Journal

Video of Chris Carlough and
Randy Krocka of SMART/SMOHIT
<https://youtu.be/z-A04-BI7L>



Mental Health Visionary: Trade Association [National]
Award – Construction Financial Management
Association (CFMA)

CFMA Leader David James
Photo Credit: Colorado Public Works Journal

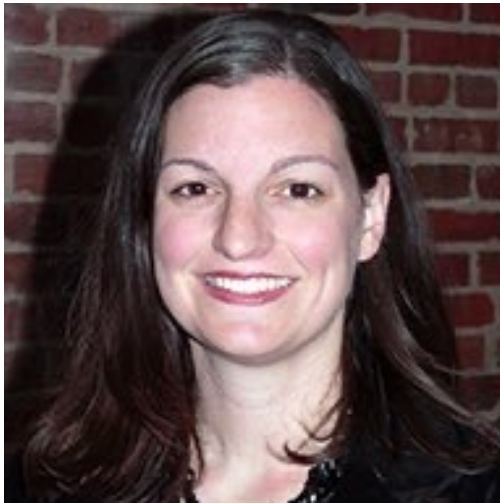
Video of Stuart Binstock, President & CEO of CFMA:
https://youtu.be/b_GHg-saQlc



Mental Health Visionary:
Regional Organization Award
Construction Suicide Prevention Partners (CSPP)

CSPP Leaders Max Margolis and Natalie Cordova
Photo Credit: Colorado Public Works Journal

Video of Max Margolis and Bill Barr of CSPP
<https://youtu.be/yWyd77-LMVo>



Research Award
Dr. Jodi Frey, University of Maryland's School of Social Work

Video of Dr. Jodi Frey
<https://youtu.be/CnHScweGQqU>



Shining A Light Media Award
Scott Blair - Engineering News-Record (ENR)

Scott Blair of ENR
Photo Credit: Colorado Public Works Journal

Video of Scott Blair of ENR
https://youtu.be/WVX5u_D3kUc



Mental Health Champion Recognition
Eli Baccus, SMART Union

Eli Baccus
Video: Eli Baccus of SMART
https://youtu.be/-z6Yx9I1N_I

Judges and Judging Criteria

- > **Instituted** (Date initiated and duration of commitment) – 20%
- > **Innovation** (Ingenuity/inventiveness) – 10%
- > **Initiatives** (Breadth and depth of offerings) – 30%
- > **Impact** (Total reach and effectiveness of adoption) – 40%

Thank You Judges!



Tricia Kagerer,
Executive Vice President in Risk Management at Jordan Foster Construction, Dallas, TX



Judy Cushing,
CEO Emeritus of Lines for Life, Portland, OR



Dr. John Gaal,
Director of Worker Wellness Program at Missouri's AFL-CIO, St. Louis, MO



Barb Sheedy,
President and Owner of MKE Iron Erectors, Inc., Waukesha, WI



Tim Irving,
Deputy Director and Directorate of Construction with the US Department of Labor, Occupational Safety and Health Administration, Washington, DC

Media Coverage

9 News "First of its kind conference works to change sobering suicide statistics in construction industry"

NEXT

First of its kind conference works to change sobering suicide statistics in construction industry

The CDC consistently ranks construction as one of the top two industries with the most suicide deaths.



<https://www.9news.com/article/news/local/next/conference-suicide-statistics-construction-industry/73-79176787-9b3a-4686-a872-6149f41a98c9>

The Colorado Sun "THE CONSTRUCTION INDUSTRY HAS A HIGH SUICIDE RATE. EXPERTS GATHERED IN DENVER TO FIND A SOLUTION"

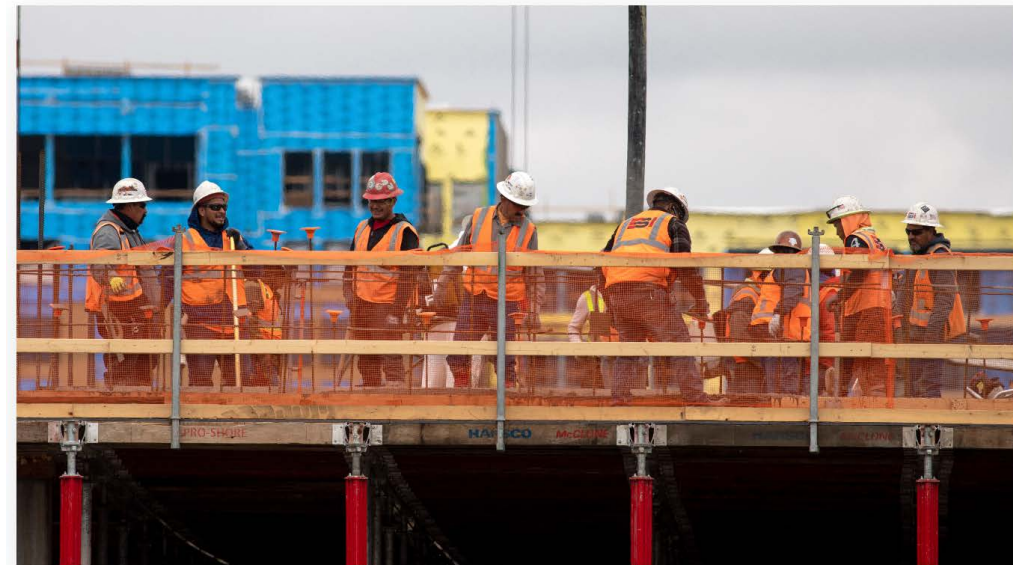
HEALTH

The construction industry has a high suicide rate. Experts gathered in Denver to find a solution.

Depression, anxiety, substance use disorders and other mental health issues are, too, a major concern in the industry.



Tatiana Flowers 4:02 AM MDT on Jun 3, 2022



Construction workers at a job site on June 1, 2022, in Denver. (Hugh Carey, The Colorado Sun)

<https://coloradosun.com/2022/06/03/construction-mental-health/>

Engineering News-Record (ENR) Firms Formulate Strategies to Reduce Industry Suicide Rates

Firms Formulate Strategies to Reduce Industry Suicide Rates



Industry leaders looked for next steps in bringing suicide awareness to jobsites.
Photo by Scott Blair for ENR

<https://www.enr.com/articles/54183-firms-formulate-strategies-to-reduce-industry-suicide-rates>

Denver Channel 7: Construction industry has the highest suicide rate

Construction industry has the highest suicide rate



Watch live AM news with Nicole Brady on Denver7 | Stream headlines here anytime



<https://www.thedenverchannel.com/news/national/construction-industry-has-the-highest-suicide-rate>

Mental Health & Suicide Prevention in Construction

Appetite for Construction

Mental Health & Suicide Prevention in Construction

JUNE 07, 2022 MECHANICAL HUB MEDIA SEASON 4 EPISODE 113



LISTEN ON



SHARE EPISODE



SHOW NOTES

This week we talk with clinical psychologist, Dr. Sally Spencer Thomas, and Dr. Dan Carlin, founder & CEO of JobSiteCare, about the alarming rate of suicides in the construction industry. To eliminate the stigma, we have to stop referring to it as a stigma and start referring to people's events as stories and how we all share in some of the same struggles. We are a community built to support and help one another.

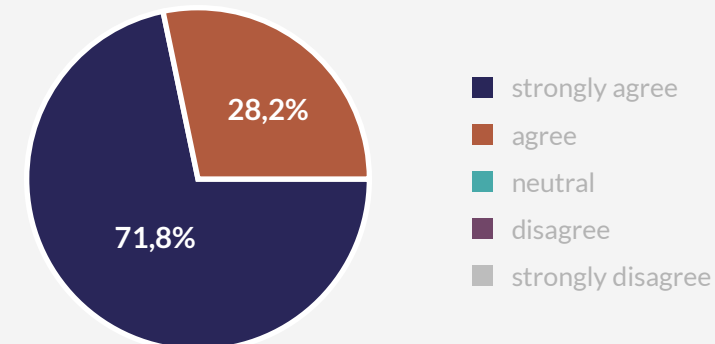
#mechanicalhub #plumbingperspective #suicide #suicideprevention #mentalhealth #mentalhealthinconstruction #construction #plumbing

<https://www.buzzsprout.com/1203956/10751978>

SUMMIT IMPACT AND SUGGESTIONS FOR FUTURE SUMMITS

The Summit provided adequate opportunities to LEARN.

39 responses



What were your main takeaways from the summit?

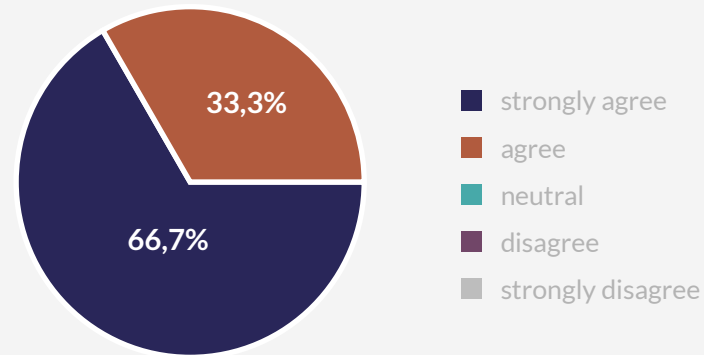
- ✓ "This summit created an opportunity to look at the big picture and real challenges with mental health. Mental health difficulties are tangible, and we don't have much time act in the industry as we are already late in the race."
- ✓ "Companies are committing to addressing this problem, and it was incredible to see the momentum for the movement."
- ✓ "I have never been part of a summit where everyone was so passionate, open, and willing to help others as it relates to mental health. I can't wait to attend the next one!"
- ✓ Sharing personal stories has the greatest impact."

Additional Feedback

- ✓ "Great central location with easy access and parking; inside of facility was clean, easy to use, easy to hear, and had great food."
- ✓ "Drove from Arizona to attend the Wednesday summit; was SO worth the drive (and the gas!!) to attend and be a part of this journey. Thanks to all who pulled this together!!"
- ✓ "The venue was more than acceptable, easy to get to, and well-maintained."

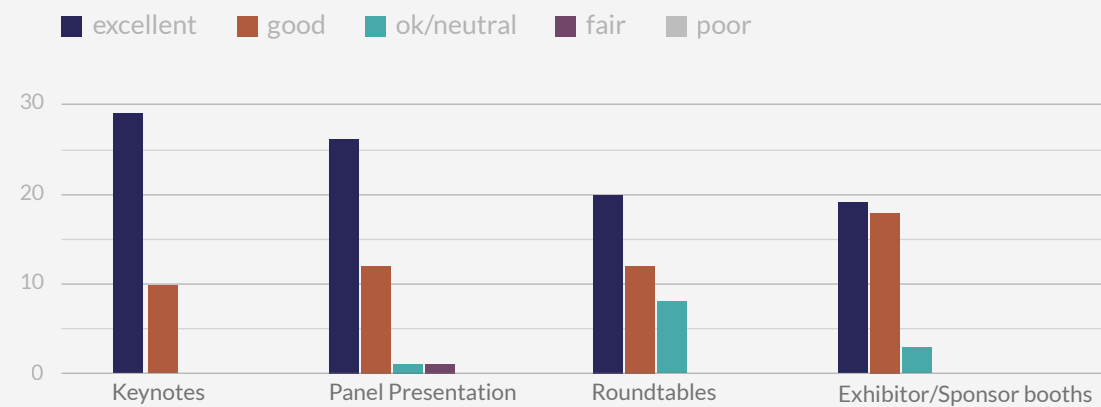
I would attend this Summit again in the future and recommend it to my colleagues.

39 responses



- ✓ “The small breakouts were awesome, although not without discomfort! (Which is good.) Neat to see folks lean in and share experiences and feedback.”
- ✓ “Great experience. I hope to keep coming to these for years to come.”
- ✓ “I would highly recommend it to others. Hopefully, my schedule will allow for participation in ‘23.”

Please rate your experience in each of The Summit session formats.



- ✓ “Cal Beyer is an amazing asset to mental health! Thank you for the summit and speakers, it was very uplifting.”
- ✓ “It was very encouraging to meet so many people from all sectors of construction with the same mission.”
- ✓ “Can’t wait to come back! This is something I would love to help at in any small way I can, and I will for sure be spreading the word about.”

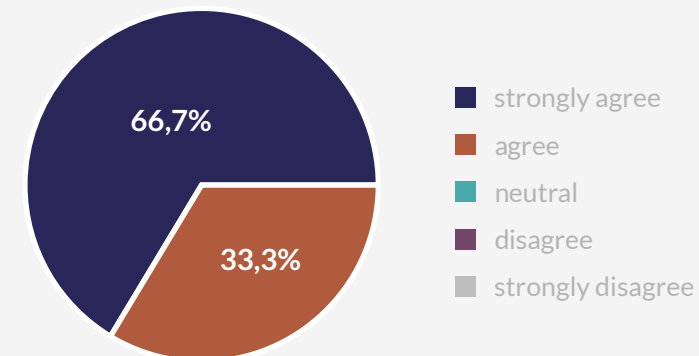
- ✓ “There were people that approached me afterwards asking how I found out about the Summit because they would have loved to come.”
- ✓ “It is the only event that can bring all trades together, union and nonunion.”
- ✓ “It was a lot for one day. I learned a TON but almost wish it were a 2-day event.”

How would you describe this event to a colleague who would consider attending next year?

- ✓ “Impactful, eye-opening, and a unique experience. You don’t want to miss this opportunity.”
- ✓ “Networking opportunities and learning from competitors was great.”
- ✓ “This event is a “boots on the ground” deep dive into suicide prevention in our industry.”
- ✓ “It will change your life and your view on suicide prevention.”
- ✓ “A great opportunity to learn from strong, experienced, and excellent advocates of mental health and suicide prevention in the construction industry.”
- ✓ “This event will be informative and inspiring and help you with a better grasp of how to engage in this work for yourself and your company/organization.”
- ✓ “Excellent opportunity to learn about mental health and strategies that work in our industry.”

I can apply the content/concepts to my everyday work.

39 responses



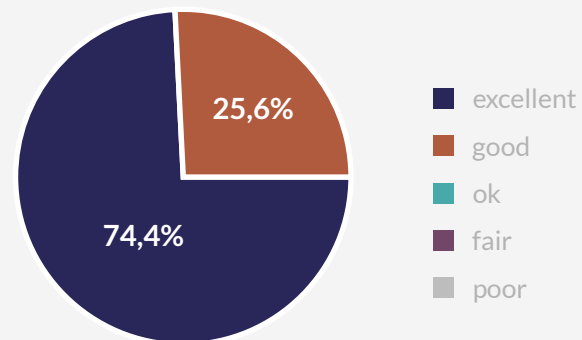
What is one top thing we could do to make it even better next year?

- ✓ “Highlight more companies that have excelled at this.”
- ✓ “Provide a packet or info sheet on some of the stats as well as all the resources you listed.”

- ✓ “I think there needs to be more people that work in the field on construction sites there. The forepersons, superintendents, and employees.”
- ✓ “Expand to a bigger venue and bring more awareness to the event sooner. Do a panel with contractors and include HR department folks so they share what is working for them vs. what isn’t working.”
- ✓ “2-day event with more time to connect and share stories.”

Overall evaluation of The 2022 Construction Working Minds Summit.

39 responses



CONCLUSION

From April 2016 through the end of 2019, there were approximately 25 events across the US that were described as local or regional summits for mental health and suicide prevention in the construction industry. The Denver Summit was intended to be the first true inaugural national event to unify the various stakeholders engaged in what has become a social movement in the US construction industry.

The Denver Summit achieved several important objectives, as it:

1. Shared a deeper understanding of the history of the movement.
2. Highlighted major strategic initiatives and interventions that various stakeholders have undertaken.
3. Promoted, recognized, and celebrated early adopters in the movement.
4. Galvanized leadership support from all major industry stakeholders to continue advancing the cause of mental health and suicide prevention in the construction industry.
5. Identified opportunities and vital next steps to further expand the industry’s ongoing efforts in these key areas.

Save-the-Dates for the 2nd Construction Working Minds Summit in 2023

The Second Annual National Summit will take place in the greater metro area of Kansas City, Missouri, from March 27-29th. Preliminary planning for venue selection is underway. More information will be sent in the near future.

Save The Date

The Second Annual
CONSTRUCTION WORKING MINDS SUMMIT

March 27-29th, 2023

The Westin Kansas City
at Crown Center (downtown)

Register
www.constructionworkingminds.org/summit

Photos from the event





